

M.A. 3rd Semester Examination, 2018

EDUCATION

Paper : EDN-305EID

Course ID : 30255

Course Title : Mental Health Issues in Education

Time: 2 Hours

Full Marks: 40

The figures in the margin indicate full marks.

*Candidates are required to give their answers in their own words
as far as practicable.*

1. Answer *any five* from the following questions: 2×5=10
 - (a) What do you mean by 'Mental Health'?
 - (b) What do you mean by 'Mental Hygiene'?
 - (c) Define 'Adjustment'.
 - (d) Write two characteristics of 'Drug addiction'.
 - (e) What is Free Association in Psychotherapy?
 - (f) Write the full form of ADHD.
 - (g) Write the aims of Mental Hygiene.
 - (h) Define 'Maladjustment'.

2. Answer *any four* questions from the following: 5×4=20
 - (a) What are the factors affecting mental health?
 - (b) What are the causes of maladjustment in students?
 - (c) What are the symptoms of 'Schizophrenia'? Write the treatment of this disease. 2½+2½=5
 - (d) Write a short note on: 'Play therapy'.
 - (e) Write the different aspects of mental hygiene.
 - (f) What do you mean by 'sleeping disorder'? Write the causes of sleeping disorder. 2+3=5
 - (g) What are the criteria of good adjustment?

3. Answer *any one* question from the following: 10×1=10
 - (a) What is defense mechanism? What are the different methods of defense mechanism? 2+8=10
 - (b) Write the importance of mental health. Write the characteristics of a mentally healthy individuals. Write the educational implicational of mental health. 3+3+4=10
 - (c) Write a short note on: Behaviour Modification Therapy.